



# What's Up at Washington



## Calendar

Friday, April 16

**Sno Cones at Recess**  
(for all grades)

Friday, April 23

**Final Mile Celebration**  
(Mini Marathon)

**Jump Rope Club 3-3:30 pm**

Sunday, April 25

**OKC Kids Marathon**

Monday, April 26

**Last Day to Order Yearbooks**  
\$25 at [jostensyearbooks.com](http://jostensyearbooks.com)

Friday, April 30

**School Cookout**

**Relay for Life Hat Day**  
& **Teacher Talent Show**

Friday, May 7

**Spring Pictures**

Monday, May 10

**PTA Board Meeting**  
6:30 pm

Tuesday, May 11

**Honor Choir & Strings**  
**Spring Concert 7pm**

Tuesday, May 18

**Science/ Invention Fair**

Friday, May 28

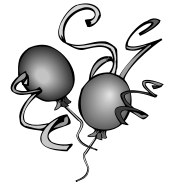
**Fifth Grade Promotion**  
**Last Day of School**

Brought to you by your Washington PTA

April 15, 2010

## New Officers Elected!

A new PTA board was elected at Tuesday night's General PTA meeting. We would like to welcome and congratulate our 2010-2011 PTA officers and board members! We can't wait to see where you lead us! Congratulations to ....



**President - Tracy Haynes**

**1st Grade Reps - Samantha Carmen, Jane Woodin**

**President Elect - Debbie Rhoads**

**2nd Grade Reps - Misti Voto, Melanie Meiser**

**Vice President - Beth York**

**3rd Grade Reps - Belinda Rieger, Mary Daley**

**Secretary - Shannon Richards**

**4th Grade Reps - Shelly Grunsted, Jennifer McKnight**

**Treasurer - Byron Jackson**

**5th Grade Reps - Gina Fowler, Kim Billingsley**

These new officers will assume their responsibilities beginning June 1st, 2010.

## WORDS OF THANKS

*We take this opportunity to express our heartfelt, hard rockin' thanks to the 2009-2010 PTA officers and board members. They have given untold hours of service, their unique and varied talents and a tremendous amount of dedication to insure a successful year for our students, parents, staff and faculty. Thank you for all you've done!*

## MINI-MARATHON... ITS ALMOST HERE!

Our Mini Marathon is just around the corner... on **April 23<sup>rd</sup>** each grade will participate in a fun one mile run and other outdoor activities at Washington Elementary! **Families and friends are welcome to walk along or cheer from the sidelines.** See the schedule for classes below. **Pledge sheets and donations are due on the 23<sup>rd</sup>**—if each student averages \$10 in donations, we will meet our goal—proceeds are to be used toward additional playground equipment! **We hope to see lots of you there!**

**8:10 - 8:55 4<sup>th</sup> Grade**

**10:50 - 11:35 3<sup>rd</sup> Grade**

**8:50 - 9:35 Kindergarten**

**12:20 - 1:05 2<sup>nd</sup> Grade**

**9:30 - 10:15 Pre-K**

**1:00 - 1:45 Pre-K**

**10:00 - 10:45 1<sup>st</sup> Grade**

**1:35 - 2:20 5<sup>th</sup> Grade**



## Washington Family & Staff Relays for Life

Relay is an American Cancer Society fundraiser. Many families and teachers from our school have been affected by cancer. To support each other, **Team Cancer Cancelers** was formed. Our team fundraising goal this year is **\$6,000!** Please help by participating in our fun filled events here at Washington!

\***Hat Day (April 30th)** is the next one) -Students pay a dollar to wear a hat all day!

\***Mustache Day ( date TBA)**--Students pay a dollar to have a mustache painted on them for the day!

\*Attend the "**Teacher Talent Show,**" on **April 30th,** and donate to your favorite act!

\***Donate on line anytime at <http://relayforlife.org/clevelandcook> and then view "all teams" under "Top Teams"**

\***Be a Corporate Sponsor like Brown's Shoes: Brown's Shoes has a promotion where you can donate your shoe size! Stop by Brown's today to find a new pair of shoes and donate to Relay all at the same time!**

# WHAT'S UP AT WASHINGTON



## Back-To-School Supply Packets

Back-to-School Supply order forms are due back by **April 23rd**. Please contact **Beth York** if you need more information- [byork@norman.k12.ok.us](mailto:byork@norman.k12.ok.us).

## Sno Cones This Friday

As encouragement for the 3rd, 4th & 5th grades during CRT testing, PTA is providing sno cones this Friday for all grades (pre-K - 5) during their recess periods.

## PBIS Update

Some parent surveys were inadvertently distributed late, therefore, we are still collecting surveys and compiling the information and comments. We want to allow everyone the opportunity to complete their survey. Please return them as soon as possible if you have not already done so and thank you for your participation. Please contact **Jane Woodin**, parent representative for our school's **Positive Behavioral Interventions and Supports** committee, with questions, comments, or concerns at [jane woodin@sbcglobal.net](mailto:jane woodin@sbcglobal.net), or 579-7860.

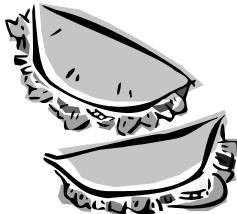
## HEALTHY & DELICIOUS RECIPE

When you're trying to develop a more healthy lifestyle, it's a great time to try some new recipes. Here are just a couple you might enjoy!

**FISH TACOS**-high in vitamin C for healthy gums and blood vessels

### Fish

- 2 lbs. cod fillets
  - 3 Tbls. lime juice (about 3 limes)
  - 1 tomato, chopped
  - ½ onion, chopped
  - 3 Tbls. cilantro, chopped
  - 1 tsp. olive oil
  - ¼ tsp cayenne pepper (opt.)
  - ¼ tsp. black pepper
- ¼ tsp. salt



### Slaw

- 2 cups red cabbage, shredded
  - ¾ cup nonfat sour cream
- ½ cup green onions, chopped  
¾ cup salsa

Preheat oven to 350 degrees. Rinse fish and place on rack in baking dish. Mix lime juice, tomato, onion, cilantro, olive oil, peppers and salt, and spoon on top of fillets. Cover loosely with aluminum foil. Bake 15-20 minutes or until fish flakes. Mix cabbage and onion; mix sour cream and salsa and add to cabbage mixture. Divide fish among 8 6" corn tortillas. Add ¼ cup of slaw to each. Fold over and enjoy! Refrigerate leftovers within 2-3 hours.

Nutritional information and other recipes can be found at [www.healthyrecipes.oregonstate.edu](http://www.healthyrecipes.oregonstate.edu)

## Library News

- **The Spring Scholastic Book Fair was a great success!** Thank you to all the families who donated books to the classrooms. We greatly appreciate our volunteers who helped make the book fair possible.
- **On April 1st we had the OKC Thunder Rolling Book Bus visit our school.** This converted school bus travels to schools, community centers, museums, parks and other sites throughout the year to promote reading and literacy. Each student who visits the bus receives a free book to promote a love of reading. The bus includes an inventory of at least 3,000 books for pre-school through fifth grade readers. **Every 4th grade student at Washington was able to go through the bus and pick out a free book.** What a wonderful opportunity for our students!
- **The Raise a Reader program is still on! One winning school will receive a \$5,000 library grant!** The contest ends May 31, 2010. We currently have 21 students participating that have logged 8,072 minutes. **Students, register to read (log your minutes) with Washington by going to [www.parents.com/reading/georgewashingtonelementarynorok](http://www.parents.com/reading/georgewashingtonelementarynorok).**

## Norman North Astronomy Club Star Party

Here in our field behind Washington

Saturday, April 17th ( weather permitting)

8-10 pm

Children must be with an adult.

[eileeng@norman.k12.ok.us](mailto:eileeng@norman.k12.ok.us)

### PTA Executive Officers

**President - DeShanna Wolking**

801-2313; [deshannawolking@hotmail.com](mailto:deshannawolking@hotmail.com)

**Vice President - Jana Carpenter**

[jcarpe2@gmail.com](mailto:jcarpe2@gmail.com)

**Secretary - Shannon Roth**

329-0830; [croth1@cox.net](mailto:croth1@cox.net)

**Treasurer - Tracy Haynes**

579-9954; [tracyh.pta@gmail.com](mailto:tracyh.pta@gmail.com)

**Newsletter Editor - Julie Perry**

366-7442; [julie-perry@live.com](mailto:julie-perry@live.com)

Washington PTA website  
[www.washingtonpta.org](http://www.washingtonpta.org)